

Catherine Anne Atkins, Ph.D.
Clinical Psychologist
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LICENSE

New York State License # 017619-J
New Jersey State License # 35S100397300

EDUCATION

1991 – 1998 Fairleigh Dickinson University, Teaneck NJ – Ph.D. – Clinical Psychology
1989 – 1991 Fairleigh Dickinson University, Teaneck NJ – M.A. General Theoretical Psychology
1979 – 1988 Saint Peter's College, Jersey City NJ – B.S. Psychology

PROFESSIONAL CLINICAL EXPERIENCE

2008 – Present Inpatient Senior Clinical Psychologist

New York, NY

NYU Langone Medical Center, Rusk Institute for Rehabilitation Medicine

Director: Dr. Joseph Ricker

- Works collaboratively with Supervisor of Inpatient Services and consults with the Coordinator of the Service when indicated.
- Provide neuropsychological / psychological assessment and cognitive and/or administer psychological interventions
 - Ensure that all inpatient clinical services delivered adhere to regulations and standards set by federal, state and city agencies
 - Coordinates new staff/trainee orientation. Provides on the job training in areas of direct patient care, rehabilitation psychology methods and techniques and departmental policies and procedures. Instructs new staff in the organization, procedures, and protocols of the service.
 - Provide supervisory oversight of neuropsychological/psychological assessments and treatments.
 - Create, plan and implement patient related programming initiatives within the service. Evaluates ongoing efficacy of program initiatives. Assists the Supervisor in clinical interventions to reduce errors or delay in inpatient service delivery, ensures safe patient discharge and well-being of patients.

- Develop and implement educational programs to advance clinical expertise of staff and trainees. Attends departmental educational in-services, workshops, and professional conferences to maintain and upgrade current knowledge in field. Shares new knowledge with the staff.
- Ensures accuracy in documentation and billing for psychological services rendered on the service. Monitors consistency between psychological/neuropsychological services rendered and treatment prescribed. Ensures that documentation and billing are done in a timely fashion. Ensures compliance with quality control maintained. Assists the Supervisor in focused documentation compliance review.
- Functions as resource for other inpatient interdisciplinary team members on the inpatient service. Confers with physicians and other intra-disciplinary staff regarding patient care. Is available to assist staff and other team members in patient management.
- Provides statistical data as required for clinical service delivered within the department.
- Maintains a high level professional behavior, adheres to departmental policies re: attendance and punctuality and performs other duties as requested by the Supervisor.

**2006 – 2008 Clinical Director
Rochelle Park, NJ
Generations Counseling & Care Management, LLC.
President: Vicki Sherman, LCSW, ACSW**

The position of Clinical Director within Generations Counseling and Care Management, LLC includes, but not limited to the following professional activities:

- Psychological / Neuropsychological / Forensic evaluation and treatment recommendations for individuals transitioned to, and/or residing within, Assisted Living Facilities in Northern New Jersey. The evaluations may indicate need for a variety of psychological interventions such as individual, marital, family, and/or referral for psychiatric and/or neurological evaluations. When there is a need for psychotherapeutic intervention, in many cases, I am the clinician who provides treatment. When demographic interfere with my ability to provide ongoing treatment, I delegate the responsibility to a clinical staff member that is providing coverage for the area.
- Psychological / Neuropsychological evaluations and treatment recommendations for referrals emanating from neurologists, primary care physicians, psychiatrists and lawyers located in Bergen County.
- Provide supervision and continuing educational for clinical staff
- Instruct and coordinate education programs
- Assist in business development, including recruitment of clinical staff
- Attend monthly staff meetings to discuss clinical cases, participate in didactic training, business marketing and/or program development endeavors

**1999 – 2006 Clinical Psychologist and Neuropsychologist
East Orange, NJ
Kessler Institute for Rehabilitation
Assistant Director: George Carnevale, Ph.D.**

The position of Clinical Psychologist/neuropsychologist included but was not limited to, the following duties:

- Conducted psychological evaluations (at patient bedside), including collection of anamnestic information and mental status examination, leading to diagnostic impression and recommendations for management and/or treatment

- Conducted neuropsychological evaluations, including specific and/or batteries of neuropsychological tests
- Provide psychological treatment and interventions as indicated, including individual, marital, family and/or group counseling as well as crisis intervention
- Prepared and delivered oral and written psychological neuropsychological reports to appropriate medical and/or clinical staff in a timely manner
- Maintained records as required by hospital policies and regulatory/accrediting agencies
- Established and maintained an appropriate clinical caseload
- Participated in departmental and rehabilitation team meetings and conference regarding patient care issue
- Participated in training and education of medical residents, psychology interns, patients, family, staff members and others as indicated an/or directed
- Contributed to program improvement in an effort to improve quality of clinical services on an ongoing basis (i.e. member of brain injury task force that researched, developed and implemented Severe Disorders of Consciousness Program).

**1998 – 1999 Post – Doctoral Psychologist
Perth Amboy, NJ
Neuropsychological Associates
Director: Steven Barnett, Ph.D.**

- Responsible for providing psychological and/or Neuropsychological evaluations and treatment for court-related clients due to a variety of criminal offenses (i.e. sale, possession and/or use of illicit substances).

**1996 – 1997 Psychology Internship
West Orange, NJ
Kessler Institute of Rehabilitation, Inc.
Supervisor: Thomas Galski, Ph.D.**

This was a one-year long internship in clinical psychology/neuropsychology. Position included:

- Provided individual and group therapy
- Participation in medical rounds and family sessions
- Didactic training including weekly lectures relevant to diversified rehabilitation population (i.e. spinal cord injury, brain injury, chronic illnesses, amputation, chronic pain, etc.)
- Weekly individual supervision was provided by a clinical neuropsychologist.
- Weekly group supervision was provided by clinical psychologist with areas of expertise including but not limited to neuropsychology, rehabilitation psychology and pain management

**1992 – 1993 Psychology Extern
Maplewood, NJ
Family Service and Child Guidance Center of the Oranges
Supervisors: Neil Litinger, Ph.D. & Dan Gallagher, Ph.D.**

This was a one-year long externship that included:

- Psychological evaluation and treatment for adolescents and their families surrounding a variety of challenges including but not limited to: academic, interpersonal, peer related, and developmental etiologies

1992 – 1993 Co-Therapist / Psychology Extern

**Tuscan Elementary School
Preventative Intervention with Neurologically Impaired Children**

- This program complemented the externship at Family Service and Child Guidance Center. It was a weekly support group directed at facilitating positive personal and social adjustment for children diagnosed with a variety of developmental and/or neurological diagnoses.

**1990 – 1992 Psychology Extern
Jersey City, NJ
Jersey City Medical Center
Department of Pediatrics
Supervisor: Austin Hill, Ph.D.**

- This was initially a one-year externship that was followed by a one-year salaried position providing developmental screening tests for newborns and infants, psychological evaluations and treatment for children, adolescents and their families – diagnosed with a variety of chronic illnesses including but not limited to sickle cell anemia, cancer (i.e. leukemia), HIV related complexes, and congenital abnormalities/anomalies

TEACHING EXPERIENCE

- 1991 – 2002 Adjunct Faculty Seton Hall University, South Orange, New Jersey
Psychology Department (Undergraduate)
- 1992 – 2002 Part-Time Faculty Caldwell College, Caldwell, New Jersey
Liberal Studies (Graduate) and Psychology Department
(Undergraduate)
- 1998 – 1999 Assistant Professor Seton Hall University, South Orange, New Jersey
Psychology Department (Undergraduate)
- 1991 – 1993 Adjunct Faculty Fairleigh Dickinson University, Teaneck, New Jersey
Psychology Department (Undergraduate)

RESEARCH EXPERIENCE

- 1993 – 1998 Dissertation – Validity Study of the **Children’s Memory Test (CMT): A Cognitive Intervention**
- 1990 – 1998 Research Fellow – **Children’s Memory Test (CMT)** Fairleigh Dickinson University, Teaneck, New Jersey – Psychology Department (Graduate)
- 1991 – 1992 Research Fellow – Women’s Issues, Fairleigh Dickinson University, Teaneck, New Jersey – Psychology Department (Graduate)
- 1992 Atkins, C.A. & Signal J (1992) – **Male and Female Attitudes Toward Domestic Violence**. Presented at the Eastern Psychological Association Conference in April 1993, Arlington Virginia
- 1992 Dimitry, T., Massoth, N., Kalamar, K., Westerveld, M., Atkins, C.A. & Kaufman, L. (1992). **The Children’s Memory Test: A New Instrument to Evaluate Learning and Memory**

in Children: A Factor Analytical Study. Presented at Eastern Psychological Association, Philadelphia, Pennsylvania, April, 1992

PROFESSIONAL ACTIVITIES

- 2022 Panelist for Rusk Rehabilitation Complex Case Webnar
- 2006-Present Operate and govern a monthly support group for caregivers of individuals with Alzheimer's Disease (AD)
- 2011 Invited to participate in a weekly panel for 1 month on Public Radio WMTR AM Radio, **Here's To Your Health with Gloria Rose**
- 2007 Advances in Psychiatry 2007: Breakthrough Developments in Psychiatric Treatments Mount Sinai School of Medicine New York, NY
- 2006 – 2008 Professional Presentations / Seminars
Depression and Suicide in the Elder Population
Substance Abuse in the Elder Population
Caring for Caregivers
Ethical Issues in working with Senior Adults and their Families
Neuropsychological Perspectives on Dementia
- 1999 – 2006 Support Group Facilitator; Kessler Institute, East Orange, NJ
- 1999 – 2004 Supervisor – Psychology Interns, Kessler Institute for Rehabilitation
- 1999 – 2006 Psychology and Neuropsychology Training and Education for Medical Residents, Kessler Institute for Rehabilitation, East Orange, NJ
- 1998 Analysis of Non-Verbal Cues, News 12, NJ the Star Ledger, Edison, NJ Panel Member, **Children and Violence**, Garden State Matters, WWOR – TV, Channel 9, Secaucus, New Jersey
- 1998 Guest Lecturer: **Clinical Psychology / Professional Issues**, Pace University, New York, New York – Psychology Department (Undergraduate)
- 1997 Guest Lecturer: **Suinn's Seven Steps to Peak Performance**, Seton Hall University, South Orange, NJ
- 1996 Guest Lecturer: **Graduate School in Clinical Psychology**, Caldwell College, Caldwell, NJ
- 1995 Guest Lecturer: **HIV in Pediatric Population**, Caldwell College, Caldwell, NJ

PROFESSIONAL ACTIVITIES

- 1994 Guest Lecturer: **Psychology, Faith and Everyday Concerns**, Our Lady of Mercy Grammar School, Jersey City, NJ
- 1993 Guest Lecturer: **Substance Abuse, The Twelve-Step Recovery Alternative**, Felician House, Lake Hopatcong, NJ